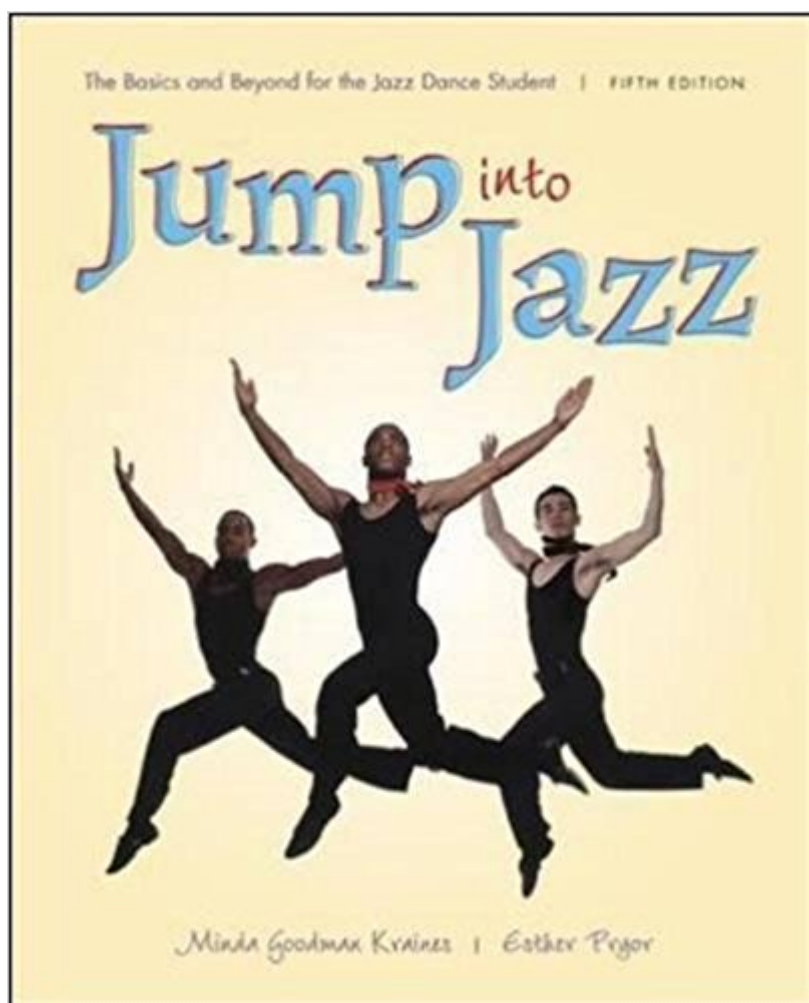


The book was found

# Jump Into Jazz: The Basics And Beyond For Jazz Dance Students



## Synopsis

In an accessible, easy-to-read style, this text provides students with well-illustrated descriptions of all basic jazz steps and movements, including valuable information on alignment, improvisation, injury prevention, nutrition and fitness, and history of jazz dance. Throughout the text, "Movement Tips" boxes help students with particularly challenging movements, and "Precaution" boxes help students utilize correct techniques to avoid injury.

## Book Information

Series: B&B Physical Education

Paperback: 240 pages

Publisher: McGraw-Hill Education; 5 edition (July 2, 2004)

Language: English

ISBN-10: 0072844043

ISBN-13: 978-0072844047

Product Dimensions: 7.5 x 0.5 x 9.1 inches

Shipping Weight: 13.1 ounces (View shipping rates and policies)

Average Customer Review: 4.0 out of 5 stars 18 customer reviews

Best Sellers Rank: #122,920 in Books (See Top 100 in Books) #3 in Books > Arts & Photography > Performing Arts > Dance > Jazz #33 in Books > Textbooks > Humanities > Performing Arts > Dance #9864 in Books > Humor & Entertainment

## Customer Reviews

Minda has been a full time dance and Physical Education instructor at Mission College since 1979. Since that time she has set up an entire dance program, giving full length dance performances and having students continue their study of dance at 4 year universities. Since 1989, she has shifted her emphasis to fitness and developed a 12 unit program for the Fitness Specialist that trains students as personal trainers as well as aerobic instructors.

Despite the silly cover, this book has proven useful to my personal study of dance. The explanations are clear and diagrams are super helpful.

Although I found some minor errors in the book, overall it does a good job giving simple explanations of jazz dance terminology and moves and shows pictures. It was required for my class and it's been helpful in explaining how to perform moves in simple terms.

This book was way expensive for what it was. Even with the help of I was shocked at the price. It was not this booksellers fault the price was so high. I cant see paying gold prices for a dance class book. Taking food off the table is a bad trade off.

Excellent

I was required to get this book because I am a college dance minor. Basically, if you've been dancing your whole life, it's everything you already know about dance in a written out form. If that's what you need to improve your dancing go ahead, but other than that it's nothing too special.

Wanted more up to date info

This is one of the best books on dance written. It clearly explains everything. It has sections on injuries, warm-ups, history, etc. It also has sheets in the back where you can track flexibility, eating habits etc. I recommend it to every high school and college dance student.

What an excellent book. I have really enjoyed this book as a school book and just to plan look at.

[Download to continue reading...](#)

Jump into Jazz: The Basics and Beyond for Jazz Dance Students Vertical Jumping: 20 Exercises - How to Increase Your Vertical Jump (How to Jump Higher - How to Jump High) Jump into Jazz: A Primer for the Beginning Jazz Dance Student Jump into Jazz: Primer for Beginning Jazz Dance Cute Dance Journal Ballet: Lined Notebook for Girls, Perfect Gift for Dancers, Teachers ~ Unique Inspirational Quote Diary for Dance Students, Teacher~ Jazz, Ballet, Tap, Hip Hop, Irish Dance Dance Recital Journal Love Everyday Laugh Everyday Dance Everyday: Lined Notebook for Girls, Perfect Gift for Dancers ~ Unique Inspirational Quote Diary for Dance Students, Teacher How to Dance: Learn How to Line Dance, Belly Dance, Ice Dance and More Jump, Frog, Jump! Jump, Kangaroo, Jump! (MathStart 3) The Dance Fairies Boxed Set (7 Books) (Rainbow Magic, #1: Bethany the Ballet Fairy; #2: Jade the Disco Fairy; #3: Rebecca the Rock 'n' Roll Fairy; #4: Tasha the Tap Dance Fairy; #5: Jessica the Jazz Fairy; #6: Serena the Salsa Fairy; #7: Isabelle the Ice Dance Fairy) Beyond the Basics: Gourd Art (Beyond the Basics (Sterling Publishing)) Beyond the Basics: Mosaics (Beyond the Basics (Sterling Publishing)) My Mueller Spiral-Ultra Vegetable Spiralizer Cookbook: 101 Recipes to Turn Zucchini into Pasta, Cauliflower into Rice, Potatoes into

Lasagna, Beets into ... Slicer! (Vegetable Spiralizer Cookbooks) The Haumana Hula Handbook for Students of Hawaiian Dance: A Manual for the Student of Hawaiian Dance Life is Better when you Dance: Lined Notebook for Girls, Perfect Gift for Dancers ~ Unique Inspirational Chalkboard Quote Diary for Dance Students, Teacher Dance and Music: A Guide to Dance Accompaniment for Musicians and Dance Teachers The Square Dance and Contra Dance Handbook: Calls, Dance Movements, Music, Glossary, Bibliography, Discography, and Directories 6 Arrangements - individual sheet music - by John W Schaum! Polka From The Golden Age, Sword Dance, Petrouchka Russian Dance, Chicken Reel, Rosamunde Ballet Music AND Mexican Hat Dance (Jarabe Tapatio) Trends in Hip-Hop Dance (Dance and Fitness Trends) (Dance & Fitness Trends) African Dance Trends (Dance and Fitness Trends) (Dance & Fitness Trends)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)